



SPECIAL DIETS FOR STUDENTS



Your students arrive with a variety of special diet needs

- Allergies & Intolerances
- Religious
- Lifestyle

This puts pressure on you to meet their requirements while maintaining efficiency. Now Sysco can help. Through our direct-ship program, Sysco offers a wide selection of products tailored to their special needs.

Finding the Products. www.800-45-SYSCO.com, our easy-to-use reference website, provides you with all the information necessary for selecting the proper foods. It includes ingredient and nutrition information, product pictures, yields, and product code numbers.

No Minimum Order. Save money and storage space by ordering only what you need.

Fast Delivery. The product will be delivered to your school via FedEx Ground Service within five business days. Each carton will carry a Sysco label to expedite receiving at your dock.

Order in Your Usual Manner. No need for cumbersome special procedures. Simply order on eSysco® or through your Sysco Marketing Associate. The products will be invoiced along with the other items that you ordered.

Many Variety Packs Available. To aid you in dealing with a small number of students with a particular need, variety packs are available for many diets. These offer one or two packages of several different products so that you do not have to order large cases of each.



Toll-free help. For assistance in finding the proper products or in dealing with damaged products, simply dial **1-800-45-SYSCO (800-457-9726)** between 8:30 AM and 4:00 PM (Central). Our trained Customer Service staff is very knowledgeable on special diets and replaces damaged products immediately.

Involve Your Students and Parents

Sit down with them at the beginning of the school year and explore the www.800-45-SYSCO.com website.

1. Click on the **DIET** drop-down box
2. Select the diet of interest (such as “Gluten-free”)
3. Review the product list
4. Study the ingredient and nutrition information of all relevant products
5. Have the students select those products that meet their needs
6. Print and save the pertinent web pages for future reference when planning menus
7. Make sure to include plenty of variety and offer seasonal favorites

Diet Categories

- ◆ Wheat/Gluten Free
 - ◆ Nut-Free
 - ◆ Dairy-Free
 - ◆ Kosher
 - ◆ Halal (Muslim)
 - ◆ Vegetarian
 - ◆ Low Sodium
 - ◆ Sugar-Free
 - ◆ Supplements
 - ◆ Calorie Restricted
- And many more...

www.800-45-SYSCO.com

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