

# Just Ducky

(Peaches)

Yield: 16 each 8 ounce portions

Ingredients	Weight/measure
Lowfat Vanilla Yogurt	4 lb
Canned Peaches, drained	4 lb

## Directions

1. **Place** all ingredients in 24-cup container of the VitaMix XL. Blender.
2. **Blend** on speed 1 until blender automatically shuts off.
3. **Portion** blended yogurt parfait into serving cups and cover.
4. **Serve** chilled with a spoon.



# Wild Pink

(Raspberry Beet)

Yield: 16 each 8 ounce portions

Ingredients	Wt/measure
Lowfat Vanilla Yogurt	4 lb
Canned Beets, drained	1 lb
Frozen Raspberries	3 lb
Skim Milk	1 cup

## Directions

1. **Place** all ingredients in 24-cup container of the VitaMix XL. Blender.
2. **Blend** on speed 1 until blender automatically shuts off.
3. **Portion** blended yogurt parfait into serving cups and cover.
4. **Serve** chilled with a spoon.

